

Pauline Nguyen

THE SPIRITUAL ENTREPRENEUR

**INTERNATIONAL KEYNOTE SPEAKER
ON UNSHAKABLE LEADERSHIP**

**Global Transformational Leader of the Year Winner 2026,
Multi Award Winning Entrepreneur, Multi Award Winning Author**

www.pauline-nguyen.com



A portrait of Pauline Nguyen, a woman with dark hair pulled back, wearing a black strapless top and a grey denim jacket. She is smiling and has her hands clasped in front of her. In the background, there is a faint, stylized geometric pattern in shades of orange and grey.

Pauline Nguyen

INTERNATIONAL KEYNOTE SPEAKER ON UNSHAKABLE LEADERSHIP: MASTERING EMOTION THE RED LANTERN WAY

Pauline doesn't deliver fleeting motivation. She provides electrifying inspiration, practical battle tested methodologies, and accelerated transformation for leaders who refuse to simply survive – they demand to thrive.

"Pauline is not just a speaker – she's an experience!"

- Adobe APAC

NOT JUST ANOTHER RESILIENCE SPEAKER

When your leaders have heard every conventional motivational speech and are still quietly burning out, Pauline Nguyen is the speaker you bring in. She combines the hard-won commercial grit of a world-class restaurateur with profound inner-leadership tools.

Pauline delivers a turning point for audiences – equipping them practical methods to regulate their emotional state, sharpen their decision-making, and lead with calm courage and unwavering determination in times of chaos.



Watch my
SPEAKER SHOWREEL

THE SPIRITUAL ENTREPRENEUR

Pauline Nguyen

WHY PAULINE NGUYEN?

THE ANTIDOTE TO FEAR-BASED LEADERSHIP

In an era of unprecedented complexity and disruption, traditional leadership strategies merely add to the overwhelm. High skilled leaders are often exhausted, running on chronic adrenaline and subtly leading from fear. Pauline provides the strategic antidote.

Pauline uniquely bridges the gap between high-performing Western business acumen and profound Eastern spiritual wisdom. She helps elite leaders, founders and executive teams upgrade their “inner operating system” to navigate change with calm courage and unshakable grit, and absolute clarity.

When Pauline speaks, audiences don't just listen; they experience a fundamental reset in their leadership. She equips organisations with the practical tools for nervous system regulation, self-leadership and emotional mastery – proving that when we master ourselves, we master the art of influence, culture and commercial success.

A COMMERCIAL TRACK RECORD THAT COMMANDS RESPECT

What sets Pauline apart from other resilience and leadership speakers is her undeniable commercial proof. She didn't learn leadership in a textbook; she learned it in the trenches.

Arriving in Australia as a Vietnamese refugee after surviving a Thai refugee camp, Pauline re-engineered her beliefs to overcome extreme adversity. She went on to co-found Red Lantern, the most awarded Vietnamese restaurant in the world. In one of the most notoriously gruelling industries on earth, Pauline built a culture of fiercely committed staff, and customer devotion, culminating in winning the prestigious Australian Telstra Business Award for Medium Businesses.



BOOK PAULINE FOR YOUR NEXT CONFERENCE

WHAT YOUR AUDIENCES WILL WALK AWAY WITH:



Actionable Emotional Mastery

Practical tools that directly link a leader's emotional state to bottom-line profit, customer devotion, and commercial success.



Unshakable Capacity

Proven strategies for nervous system regulation and state management, enabling leaders to execute with calm courage under relentless pressure.



Cultural Transformation

The clear blueprint for shifting from fear-based burnout to psychological safety, deep performance and fiercely committed teams who take absolute ownership.

WORLD-CLASS ACCOLADES AND RECOGNITION

Event organisers and speaker bureaus book Pauline with absolute confidence.

GLOBAL RECOGNITION

- Global Transformational Leader of the Year Winner 2026
- 200 Women Who Will Change The Way You See The World
- Australia's Top 50 Influential Female Entrepreneurs

AWARD WINNING ENTREPRENEUR

- Telstra Business Awards, NSW Medium Business Winner 2012
- National and State Winner of Best Vietnamese Restaurant many years running 2000 – 2025

AWARD WINNING BEST SELLING AUTHOR

- Debut Writer of the Year Winner – Secrets of the Red Lantern 2008
- Best Entrepreneurship and Small Business Book Winner – The Way of the Spiritual Entrepreneur 2018



SPEAKER TOPICS



WHAT THE RED LANTERN KNEW – Leadership Wisdom from Twenty-Five Years as an Industry Outlier

AUDIENCES WILL LEARN HOW TO ...

- Use Emotional Mastery as a commercial advantage that drives loyalty, performance and profit.
- Shift from customer service and loyalty to true Customer Devotion.
- Build Capacity in themselves and their teams instead of chasing comfort and avoidance.
- Practise Radical Transparency that strengthens, not fractures, trust and culture.
- Create Deep Performance – calm, precise execution under pressure with pride and ownership.
- Grow leaders everywhere and build Fiercely Committed Teams that stay, care and outperform.



THE WAR CHEST OF A MODERN LEADER - Calm Courage, Real Resilience, Unshakable Grit

LEADERS WILL LEARN ...

- The essential elements of a modern leader's War Chest.
- How to cultivate Calm Courage in high stakes situations.
- How to build Real Resilience and Unshakable Grit without sacrificing health or relationships.
- Practical tools to regulate stress, expand capacity and think clearly under pressure.
- How to lead teams through disruption with confidence, clarity and grace.





SPEAKER TOPICS



EVOLVING LEADERSHIP – Navigating The New Paradigm of Work

LEADERS WILL LEARN HOW TO ...

- Upgrade their Personal Leadership Operating System for the new world of work.
- Practise Self Leadership and Self Mastery to lead others with integrity.
- Use Compassionate Assertiveness to drive performance without fear or burnout.
- Build cultures of Psychological Safety that unlock innovation and honest feedback.
- Harness Diversity and Inclusion as real strategic levers for insight and growth.



THE WAY OF THE SPIRITUAL ENTREPRENEUR - The 7 Secrets to Becoming Fearless, Stress Free and Unshakable in Business and in Life

AUDIENCES WILL DISCOVER HOW TO ...

- Apply the secrets of the Spiritual Entrepreneur in business and in life.
- Become Fearless and Unshakable in the face of uncertainty and adversity.
- Build sustainable success without sacrificing health, relationships or joy.
- Foster Spiritually Intelligent, High Performing Cultures that are vibrant and engaged.
- Redefine what success means in the modern business landscape.

PAULINE NGUYEN HAS WORKED WITH ...



What People Are Saying...

"Pauline was beyond incredible. Not one person dropped offline during her keynote - the entire audience was riveted by her story. **We definitely hit the jackpot with Pauline!** Today on LinkedIn people are still posting about her presentation."

-Executive Director, Diversity Alliance for Science

"Every so often, there is a speaker who graces a stage and **creates a seismic shift in the energy of the room.** Pauline Nguyen knows how to transfer her knowledge and experience in a way that **creates inspired and insightful opportunities for change and growth.**"

- Co-Chair, Engage IASB

"Pauline Nguyen is an **energising breath of fresh air.** She took us on a journey, made us laugh, cry and inspired us to improve ourselves. Pauline connected with us, touched us all and **left us changed forever.**"

- Women in Digital Programs Lead, DELL

"Pauline **captured the attention and hearts of everybody** in the room as she told her story of her life - one of the **best professional speakers I have seen.**"

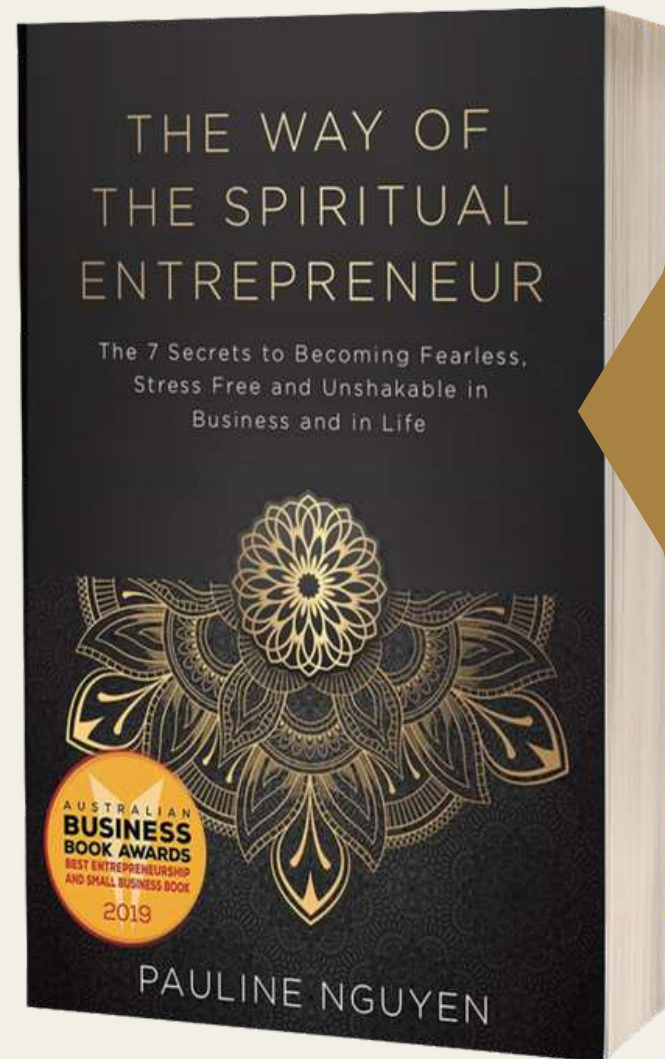
- Capability Project Manager, Westpac

"People that have been to many conferences commented, **'BEST SPEAKER I'VE EVER HEARD.'** There was a lot more to this than I could have ever expected. **Great speaker, great person, great experience.**"

- CEO, Airport Retail Enterprises

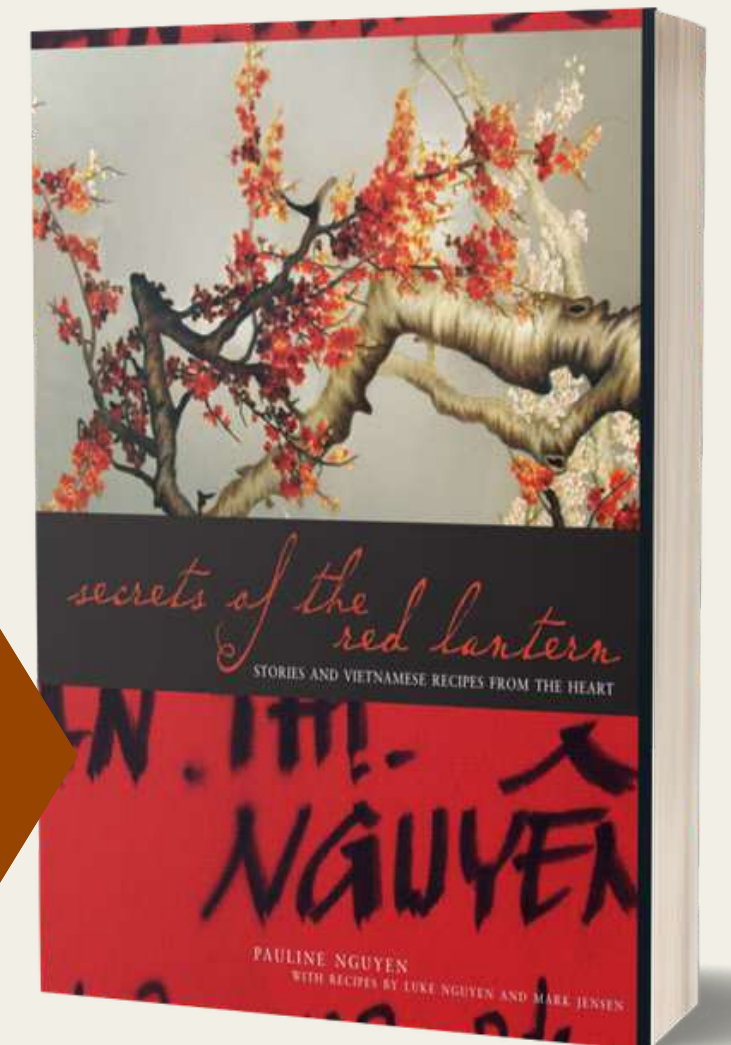


BEST SELLING BOOKS



**Best Entrepreneurship
and Small Business
Book Winner 2018**

**Debut Writer of
the Year Winner 2008**



MEDIA APPEARANCES



Featured in ...





Today, her keynotes are a distillation of decades of real-world business execution, neuroscience, somatic practices and spiritual technology, tailored for CEOs, Corporates, and high growth Entrepreneurs.

BOOK PAULINE NGUYEN FOR YOUR NEXT EVENT



GET IN TOUCH NOW

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